

Elective Description

Quarter 1

DIY Carpentry & Construction

Get ready to hammer, saw, and build! In this construction & carpentry class, you'll learn the basics of woodworking while creating cool projects that you design for Strong Middle School - maybe benches for outside, garden beds, or maybe something you think might be a great addition to a classroom. You'll also get to try your hand at more advanced techniques like framing, construction, and finishing. No experience necessary - just bring your creativity and enthusiasm!

Spartan News (Grade 7 only)

Learners will step into the shoes of a reporter as they investigate and report on stories going on in our school and town communities. Learners will be introduced to interviewing, reporting, writing, editing, videography, broadcast, photography, and design. Learners will compile stories to share with the Strong Community in Student News segments.

Quarter 2

Campus Beautification

This fun and educational program teaches learners the importance of taking care of their school environment while also promoting creativity and teamwork. Get ready to unleash your inner Picasso with our exciting Campus. This is your chance to take your artistic skills to the next level and leave your mark on the campus in a BIG way.

Spartan News (Grade 7 only)

Quarter 3

Young Chefs

Nutritional Cooking course, designed for middle school students who are interested in understanding how food choices can affect their well-being. In our hands-on cooking classes, you will learn how to prepare simple and nutritious recipes using a variety of cooking techniques, ingredients, and tools.

Quarter 4

PE Enrichment

PE Fitness and Skills will be an enrichment class where learners will choose the activities they would like to perform in class. The activities chosen can focus on team sports and backyard games that are not focused on during the regular PE curriculum. There is also an element of fitness related options such as walking to parts of the Strong MS campus, Allyn Brook Park, and the CRHS sports fields.

Grades 6 & 8 Quarters 1-4

Grade 7 Quarters 3-4

Makerspace

Do you like to create, solve problems and make things better? In this class, learners will have the opportunity to engage designing hands-on, creative projects using a variety of tools and materials located in the Makerspace. Learners will develop their problem-solving skills while exploring various areas of making. Learners will implement design thinking concepts, including prototyping and iteration. Experimenting and "failing-forward" are strongly encouraged.