

Ninth grade course selection is coming up! On January 30th, counselors from the high school will be coming to Strong to present information about the process and provide students with information about the Program of Studies. Mrs. Sinusas will be meeting with students following this presentation to review the course selection process and answer any questions. Finally, teachers will be making their recommendations and students will be filling in their chosen electives on February 9th and 10th. Please talk with your child regarding this upcoming process and review the Program of Studies on the CRHS Guidance website. Below, you will find some tips that might be helpful. If you have any questions, please feel free to contact Rebecca Sinusas, Strong Guidance Counselor.

Course Selection Tips

- **Credits**
 - Over the four years your child is at CRHS, they should earn 26 credits
 - Each year, your child has the opportunity to take up to 8 credits, but no fewer than 7 credits.
 - If they sign up for less than 8 credits, the remaining slots will be filled with study hall.
 - For example, if your child signs up for 7.5 credits, they will have a half-year of study hall. If they only have 7 credits, they will have a full year of study hall.
 - Students cannot choose what part of the year they have study hall if it is for less than a full year.
 - It is encouraged for 9th graders to have a study hall at some point.
 - Most academic classes are 1 credit and electives vary between 1 and .25 credits based on the class.
- **Physical Education**
 - All students must have 2 credits worth of PE classes to graduate.
 - Each year, your child will take the PE class for their grade level (i.e. PE 9 freshman year, PE 10 sophomore year, etc).
 - If your child plays a sport, they will get .5 credits for each season they play.
 - If your child **DOES NOT** play a sport they must take two PE classes each year; their grade level class and an elective.
 - All students must take Health each year of high school.
- **Teacher Recommendations**
 - Your child does not have to pick their academic classes; their teachers will recommend them for an appropriate level on February 9th. Complete course selection sheets will be sent home on February 10th.
 - **If you have questions about your child's placement, please contact their current teacher directly. All recommendations will be reviewed in the Spring, and changes can be made based on the availability of classes.**

- **Electives**

- Your child should pick electives based on how many credits they would like for their freshman year (between 7 and 8 credits). This depends on how much study hall they would like.
- After calculating their academic credits, they should fill up the other credits with electives. Students will be asked to put these on their course selection sheets on February 9th, but should be chosen prior to that date.

For example:

If your child is taking...	Credits
English	1
Integrated Science	1
Algebra 1	1
French II	1
Global Studies	1
And they have to take...	
Health 9	.25
PE 9	.25
Current Total	5.5
And they want a full year of study hall, they will have 1.5 credits to fill with electives	

- Each student must also have **three** back up electives to put on their sheets on February 9th in case they do not get their first choice elective.

- **Foreign Language**

- Foreign Language is considered an elective and students do not have to take it. Most colleges look for 2 to 3 years of a language when you apply.
- **If your child is currently taking a language and they would like to switch to a different language in high school, please provide a written note to their foreign language teacher PRIOR to course selection day (Thursday, February 9th).**

- **PowerSchool:**

- All students will be asked to enter their schedules into PowerSchool. The Course Registration window will be open on **February 13th** and will remain open until **February 24th**. The 8th Grade Parent Night will be on **February 23rd** at 6:30, at CRHS, where counselors will be available to answer questions. **Please note that the Course Registration window will be closed during school hours, so students must register for classes after school or at home.**
- Students will bring home a copy of their teacher recommendations and the electives that they choose, as well as directions for registering on PowerSchool on February 10th to use when entering their schedule.